

PE 238 : Tumbling and Rhythmic Movement-Elementary

A course designed to teach basic locomotor, axial, and manipulative movement patterns and variations in tumbling and rhythmic activities for effective demonstrations and teaching. The emphasis is on learning and becoming skilled in large movement patterns as opposed to fine motor skills. The course will investigate the history and skills necessary to perform and teach a variety of ethnic dances.

Credits 3

Semester Offered

Fall